

EDIBLE ART

Tubby the Tuba

Inviting Characters to the Table:

In honor of Julia Child, the wonderful chef who narrated the program *Tubby the Tuba*, we will create whimsical paper table decorations and edible art based on “Mr. Frog,” an important character in the story.

Materials Needed:

Please choose the supplies you have available from the following:

For Paper Table Decorations - A paper plate, big circle cut out of thick paper, or cardboard. Paper, scissors, tape or glue, and supplies for coloring (markers, crayons, pencils or paint).

For Edible Art - Anything in your kitchen or garden that is colorful and easy to cut, and remember to handle safely! Example, you can use a green pepper, salad dressing and two dried beans to make a frog.

**“Learn from your mistakes,
be fearless, and above all,
have a good time.”**

– Julia Child

Directions for Paper Table Decoration:

Step 1: Build a *Tubby the Tuba* Center Piece for Your Family

- Fold your paper plate (or big circle cut out of thick paper or cardboard) in half and stand it up with the curved part is down on the table and the straight part sticking up. This will be the frog’s face. If you would like to, color the face whatever color you want.

Step 2: Create the Facial Details

- Draw two big frog eyes on a piece of paper. Cut them out and glue or tape them to the top (straight part) of your folded plate. Add two dots underneath for the frog’s nares (that’s what frog nostrils are called!)
- Cut a long strip of paper for a tongue. If you like, you can roll it around a pencil to make it curl up. Color it however you please and glue or tape it to the bottom, curved part of the plate.

Step 3: Set the Table and Enjoy

- Use your paper frog to decorate the table for your next meal!

Sample Table Decoration:



EDIBLE ART

*Tubby the
Tuba*

Directions for Edible Art:

Step 1: Assemble Edible Art

- Use a piece of fruit, a vegetable or any other food you like as a base. This may turn out to be the body of your animal, or it may just be the head. Example, you can use a green pepper for the head of a frog.

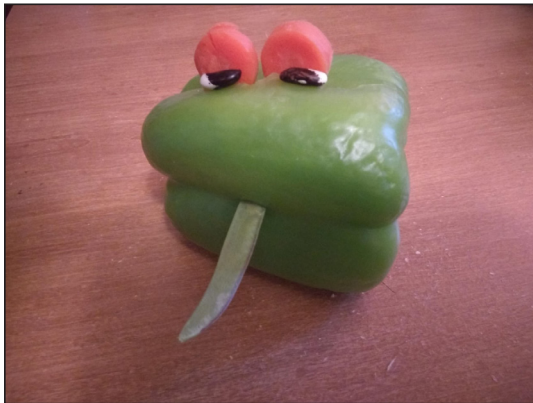
Step 2: Build an Edible Face

- Choose something to use for the eyes. You can cut small slits on the top of the green pepper and slip two carrot circles in, so that half of each carrot slice would show. For the eyeballs you can place a dried bean against each carrot slice. You can also try squeezing some salad dressing onto the top of the green pepper to create your eyes with the dried beans in the middle. The idea is to be creative and use the food you have at home.
- Add other details such as ears, legs, and/or a tongue using string beans and making a hole in the green pepper to stick the string bean part way.

Step 3: Set the Table and Enjoy

- Use your edible frog to decorate the table for your next meal!

Sample Edible Art:



Closing:

- Think of other ways to make your meal a special experience. Would you like to listen to some music as you eat? Would you like to write each person's name on a piece of paper to welcome them to their place at the table?
- Be sure to appreciate your food and thank the chef!
- Look around at the people you are sharing a meal with and appreciate the creativity, artistry and personal gifts each person brings to the table every day.

Bonus: For inspiration check out the pictures in the book *Play with Your Food* by Joost Elffers, or on one of the many websites available that feature making art out of food with kids.