

ABOVE BETWEEN BELOW

Seattle Children's Theatre

Kaiser Permanente

Teen Anti Bullying Assembly : Grades 6-8

According to national statistics prepared by the Centers for Disease Control and Prevention 20% of students in grades 9–12 report being bullied on school property. Additional research has shown that peers very rarely intervene when witnessing a bullying incident.

Kaiser Permanente and Seattle Children's Theater have partnered to create **Above Between Below**, a one hour assembly designed for grades 6-8. The program utilizes a professional stage play and follow up discussion as a way of engaging students while providing health information about bullying, advocacy and resiliency. Students witness the journey of four young people as they navigate several bullying incidents in which they are both victims and perpetrators. Social, Physical and Cyberbullying are depicted onstage, along with suggested strategies to intervene, or become an "Upstander" when confronted by a bullying incident.

The program supports the Health Education Standards and Social Emotional Learning Benchmarks for Washington State Public Schools in areas of mental, emotional and social health.

Supporting Materials In addition to the performance and post play discussion, each student will receive an **Above Between Below** Student Guide and each Teacher will receive a Pre and Post Play Teacher Guide designed to enhance the play-going experience and support additional conversations afterward.

For more information please contact Scott Koh (206) 443-0807 ext 1082 or e-mail at scottk@sct.org



The Play (30 minutes)

ABOVE BETWEEN BELOW is the story of four 14-year-old middle school students. The plot revolves around an embarrassing cellphone video gone viral, an accusation of stalking, physical intimidation and gossip. What follows is a confrontation among the four students anxious for revenge, where each young person must make a choice about being a bully, a victim, a bystander or an advocate.

The Post Play Conversation (30 minutes)

Following each show students will have an opportunity to participate in a discussion with the cast aimed to spark further conversation about how conflicts emerge and to brainstorm positive alternatives and outcomes

Ask about our Follow Up Workshops. Follow up workshops consist of drama activities designed to further the conversation about anti bullying techniques. These one hour workshops are offered on a limited basis to classes of 35 students or less.

KEY CONCEPTS:

When you see bullying there are safe things you can do to make it stop

Bullying is ongoing, one sided and unfair

Adults need to know when bad things happen so they can help.

Treat others with respect